



3 DAY PADDLE PACKING LIST

You will be provided with a premium kayak, life jacket, paddle, and small dry bag for personal items. Our land crew will transport your overnight bag while you're on the water. Please pack lightly and consider the following recommendations:

Clothing

(on the water)

- Closed toed water shoes
 - Sandals with heel strap are okay.
- Quick dry top and bottoms
 - We recommend long sleeves and long pants to protect from sun while sitting in your kayak.
- Fleece or insulated jacket
- Swim suit or quick dry shorts
 - In case pants are too hot.
- Rain jacket
 - Can be used as a windbreaker or as protection on rainy days.

Clothing

(off the water)

- Fresh change of clothes
 - To wear at restaurant dinners and around town after paddling.
- Shoes or sandals
 - These will stay dry with your overnight bag.
- Pajamas or sleeping clothes
- Extra warm layers for chilly nights

Other Items

- Reusable water bottle (2)
 - Water can be refilled at planned lunch and snack breaks.
- Sunscreen
 - SPF lip balm
- Bug repellent
- Brimmed sun hat
- Polarized sunglasses
- Medications or other personal needs

Food and Snacks

The Conservancy will provide lunch, snacks, and a variety of beverages during your time on the water. If you'd like any specific snacks, please feel free to bring them in addition.



Questions? Email paddle@wildriversconservancy.org