

PACKING FOR Your Paddle

For your 3-day trip, you will be provided with a kayak, PFD, and a paddle. Our ground crew will help with making sure that your overnight bag makes its way to your evening lodging. Please pack lightly and consider the following recommendations:

Clothing

- Sun hat
- Water shoes (sandals with straps work, too)
- Land shoes (sandals or sneakers)
- Dry-wick tops and bottoms for splashes and sun
- Swimsuit
- Pajamas
- Undergarments, socks
- Sweatshirt/Light jacket for evening

Food & Beverages

The Conservancy will have snacks and beverages available for all segments of your trip. A reusable water bottle is a great idea as are any special snacks that you'd like to have for yourself. A small soft-sided lunch cooler that you can fit by your feet or in a dry well is optional.

Personal Care

- Sunscreen
- Bug repellent
- Toiletries
- Lip balm
- Medications or other personal needs

Gear/Other

- Polarized sunglasses
- Dry bag
- Phone with dry case
- Camera (if wanted)



Questions?

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