

What to Bring

What do I need to bring?

Because no camping gear is needed, the list of things to bring is fairly simple, and you should be able to get everything you need in one overnight bag or suitcase, plus a dry bag for on the river. Keep in mind your gear will be hauled with that of approximately 22 other people, so it should be sturdy and easily identified. And remember, we have mostly volunteers working the ground crew, so be kind and keep it light. If you choose to bring a cooler, you'll need to carry it in your boat with you. **DO NOT BRING LARGE COOLERS.**

A list of suggested gear to bring is below.

PFD, paddles & canoe/kayak will be provided, unless you make arrangements to bring your own gear.

- Water bottles
- Any special personal needs
- Any special snacks/energy bars you prefer
- Spending money; you may choose to purchase beverages beyond what is supplied
- Land shoes & water shoes
- Sunscreen and bug repellent
- Sun Hat, sunglasses, and strap
- Toothbrush & paste
- Lip balm
- Wash cloth/towel/Wet wipes
- Pocket knife
- Head lamp
- Zip lock bags for personal items
- Rain gear (if you only invest in one thing, rain pants and jacket is it)
- Dry bag for gear on boat and/or deck bag
- Games or book
- Camera or phone (and a way to keep them dry)
- Clothes – swimsuit, 1 long sleeve shirt and long pants and 1 short sleeve shirt and short pants. Light fleece top or vest. 3 pair socks. Underwear.